

Women's Y of Montreal

WOMEN'S Y OF MONTREAL ANNUAL REPORT 2005-2006

IN THE HEART OF THE CITY



Women's Y
The Power to Achieve



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THE WOMEN'S Y FOUNDATION

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Note: Throughout this report the use of the feminine is meant to denote both genders where appropriate.

Diana Pizzuti

Coordinator, Residence Program, began her career at the Y as an intern during the summer of 1986. One thing led to another and by 1987 Diana was full-time staff. This year Diana celebrates 20 years as a valued Y employee.

Working at the Women's Y is never boring – the people here, participants, colleagues and community partners have always been so inspiring. Working at the Y keeps me grounded; it keeps my life in perspective. My work is ...a constant reminder of women's struggles but more importantly of our capacity to rebuild and effect change. Women have so much to give ... I am proud to be part of an organization that promotes our rightful place in society.

History and Mission

Founded in 1875, the Women's Y is a non-profit organization focused on its mission of helping women achieve their goals. The Women's Y offers programs and services that reflect the needs of women in our community, and supports their personal and leadership development.

Thanks to the exceptional commitment of its many volunteers and a dynamic team of professional employees, the Women's Y serves a diverse community of women in an atmosphere of mutual support and solidarity. For more than 130 years, the Women's Y has been a stable presence in our community offering quality services in response to the emerging needs of women.

Social and community services, employment and entrepreneurship services, a centre for women's health and wellbeing, a residence and hotel, a volunteer centre – the Women's Y is all this and more. It is essential and effective social action.

1875	Residence for Women opens
1885	First job placement program
1893	First free nursery
1902	First health and fitness centre for women
1921	First training course for auxiliary nurses in Canada
1972	First women's centre
1975	Creation of Auberge Transition for victims of conjugal violence and their children
1985	Legal Information Clinic opens
1992	Creation of Literacy Centre
1993	OSE program begins (Orientation and Services for Employment)
1995	Creation of Jump Start program
1995	Creation of the Women's Y Foundation
1998	Creation of Frinques et Cie, a workplace integration program and first of its kind in Quebec
2000	Creation of Leadership in Action & Movement and Change
2001	Rejuvenation project begins
2002	Creation of Dishes from Near and Far & At the Top of Our Voices ; Infrastructure renovation and standardization work begins
2003	Participatory Democracy and Women Decide
2005	Renovations completed
	Construction of Les Jardins du Y; first tenants welcomed
2005	The Women's Y is 130 years old!

“Each year, the Women's Y provides direct help to 16,000 women and welcomes over 50,000 to its programs, services and events.”

**EMPOWERED
TO ACHIEVE**



Bert Bergman

Director, Administrative and Financial Services
joined the Y team in 1976 after hearing that the previous financial director was retiring from 25 years work at the Y. Realizing that a traditional work environment just wasn't for him, Bert came to the Y to try it out. The then executive secretary told him "you'll be here all your life." Bert couldn't imagine that she might be right!

"The Y is important to the City of Montreal. There isn't another organization for women that represents more stability, tradition, history and has a reputation for serving women, than the Y. The Y has always been that... and still is. I've experienced 30 years of ups and downs, yet I love what I'm doing."

Word from the President

My first year as president of the Board of Directors of the Women's Y has already come to an end along with the realization of our principal objectives. We have reviewed the organization's priorities, refocused attention on developing new programs and solidified the existing programs offered by the Y. Major progress has been made towards the renovation and standardization of our premises, a project which has monopolized much of the Board's time and energy in recent years.

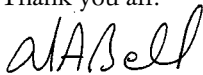
The Board and its members have therefore been able to shift their attention to the organization's full range of activities and are:

- reacquainting themselves with the Y's diverse social programs, which each year assist nearly 16,000 women on their path to autonomy.
- extremely gratified at the successful completion of Les Jardins du Y, a brand new, affordable housing project situated on Crescent Street.
- involved in the start-up of the new entrepreneurship centre.
- working to ensure the viability of our hospitality services, such as the Hotel and the Auberge, and concentrating their efforts to revitalize the Health and Fitness Centre.
- undertaking an important program to improve the quality of customer service; starting with preparation of a brand strategy which will be reflected along with our values in each of the 50,000 contacts we receive each year.

The past year was also one of celebration, as the Women's Y marked its 130th birthday. This milestone was an opportunity for many to rediscover the Women's Y as an innovative organization, engaged with its community and motivated by 130 years of inspired leadership.

The Board is supported by a capable team of employees and volunteers who are friendly and down to earth. As each day goes by, we are more and more impressed with this dynamic team whose work helps so many women discover their power to achieve. In closing, I would like to thank Marie Pinsonneault-Jones for her tenure as executive director of the Women's Y and to wish her all the best in her future endeavours. Claudette Demers Godley will be taking over the reins as executive director and we are very pleased to be able to count on her vast experience and impressive network of contacts.

Thank you all!



Mary-Ann Bell

The President of the Board of Directors



PRIORITIES

Word from the Executive Director

The year 2005-2006 was a historic one for the Women's Y as it celebrated its 130th birthday. Throughout the years, the organization has offered programs and services which have evolved and developed to reflect the changing needs of women.

Several important projects, initiated and developed this year, are sure to have a significant impact in the years to come. They include a research-action project examining the effects of early sexualization on girls, and the start-up of entrepreneurship services for women. We are very proud as well, of Les Jardins du Y, a complementary addition to the Women's Y Residence offering affordable housing to women. This brand new building is situated a few steps from the Y on Crescent Street and can accommodate 21 tenants.

The Y is working hard to develop activities and projects for girls. The leadership programs have enjoyed unprecedented popularity and "Summer Space", our summer activity program for girls, is a refreshing addition. The Literacy and Collective Kitchen programs continue to offer many women and their families a chance to lessen their isolation and get a hand up. Our employment programs have had conclusive results, with participants achieving their personal and professional goals. The Auberge and the Hotel are attracting an increasing number of visitors and the Health and Fitness Centre is benefiting from a major promotional campaign aimed at increasing its membership and encouraging women to adopt habits that support good health and well-being.

Thus the Y continues on as vibrant and energetic as ever, 130 years young. I take up my new duties as executive director, eager to make a contribution to its distinguished history. I would also like to thank all the women and men who, year after year, devote themselves to the cause of women. Thanks are also due to the Management Team for the support, collaborative spirit, and determination they bring to all the Y's projects and programs. I must also commend the staff whose daily work keeps us in touch with the genuine needs of women, allowing us to implement relevant, quality programs. Finally, the realization of our mission could not be accomplished without the essential contribution of the volunteers. Their presence inspires us and enriches the Y experience. To all those engaged with the Women's Y: you are part of the proud legacy of women who, for 130 years, have strived to improve the lives of women here and throughout the world.

Bravo and thank you all!



Claudette Demers Godley
Executive Director



130 YEARS

Our reason for being

SOCIAL AND COMMUNITY SERVICES, ORIENTATION AND EMPLOYMENT SERVICES

- Volunteer Centre welcomes over 450 dedicated volunteers whose talent and commitment contribute to the success of our many programs at the Women's Y. *(456 volunteers)*
- Referral Centre is run by volunteers and offers a wide array of brochures from community organizations in metropolitan Montreal. *(1,000 inquiries)*
- Legal Information Clinic offers both women and men of Greater Montreal individual information sessions given by volunteer lawyers and a notary. An information service for tenants is also offered on a regular basis. *(3,000 inquiries, 1,668 information sessions, 1,200 clients)*
- Income Tax Clinic is a service offered in March and April by trained volunteers to help low income Montreal women and men prepare their income tax returns. *(82 appointments)*
- ABC en famille introduces the world of reading and writing to parents and their children with the help of a family literacy worker, in collaboration with local schools and community organizations. *(24 families visited at home an average of 13 times each, 77 families participated in 23 group workshops.)*
- Words for Women is a literacy program designed for women wishing to improve their literacy skills (reading, writing and mathematics), with the help of trained volunteer tutors. *(43 learners, 57 volunteers)*
- D'éveil à l'écrite is a pilot project whose objective is to stimulate language development in children. This program was created in response to the specific needs of a child care centre. *(34 children, 6 workshops)*
- The Residence, Social Reintegration program for women in difficulty offers secure and affordable community living. During their stay, participants benefit from a social reintegration program that is composed of individual and group activities. *(62 participants, 2,070 telephone consultations, 2,500 consultations in person)*
- Les Jardins du Y is an affordable housing project consisting of 21 apartments offered to women who have participated in the Residence Social Reintegration program, and providing a secure living environment with community support. *(21 tenants)*
- Leadership in Action seeks to strengthen the self-esteem of girls and young women aged 12 to 25, with a dynamic and interactive approach combining discussion groups and physical activity. *(111 participants)*
- Action Makes a Difference is offered to girls and young women aged 13 to 25 who wish to further develop their leadership capabilities by participating in a group project in their community. *(15 participants)*
- Girls Speak Out is designed for girls aged 9 to 15 to help them discover their identity as young women and strengthen their self-esteem by learning about the history of the women's movement. *(39 participants)*
- Summer Space is a summer day program for girls and young women 9 to 15 years of age, providing activities that encourage creativity, reflection, and physical exercise. *(26 participants)*
- Dishes from Near and Far is a two part program offering a collective kitchen activity where women prepare balanced nutritious meals at low cost and explore food from other cultures. This program allows a diverse group of women to share their knowledge and lessen their isolation. *(58 participants)*
- Movement and Change offers workshops for women 45 to 64, providing a place for reflection and sharing while addressing subjects like health and well-being, financial security, life choices, etc. *(180 participants)*
- Artisan de sa réussite is designed for women 25 to 44 and offers a place for discussion and sharing on subjects that concern women's lives such as reconciling various roles, self-confidence, and finding balance etc. *(42 participants)*
- Safer Communities for Girls and Young Women, Phases 1 and 2 is a research-action project designed to advance our knowledge of the safety

Our reason for being (continued)

concerns, needs and experiences of girls and young women aged 10 to 18, relative to their security and well-being. Phase 1 resulted in the gathering of a significant amount of information from youth and researchers. Phase 2 has seen the development of a facilitation guide, the implementation of a pilot project in schools as well as the creation of a participative evaluation process. *(66 youth and 13 adults)*

- The Sexualization of Young Girls is a project focused on sensitizing youth, parents and various community workers to the growing phenomenon of the sexualization of young girls. Tools are currently being developed to inform and train these groups so they can respond to this disturbing trend. *(250 participants at a conference organized by the Women's Y, 371 persons consulted)*
- Maison Brin d'Elles is a 22-unit social housing project of the Fonds dédié à l'habitation communautaire de Montréal and is managed by the Réseau Habitation Femmes, Centre Dollard Cormier and the Women's Y. *(22 tenants)*
- OSE (Orientation and Employment Services) offers women a full range of programs adapted to their needs, to prepare and integrate them into the workforce. Whether individual meetings, job search assistance, or mentoring services, the dynamic and experienced OSE team provides effective support. The team is composed of certified guidance counsellors, employment counsellors and other diverse professionals. This program is offered in collaboration with Emploi Québec. *(408 participants at information sessions, 124 participants in job search workshops and 109 participants in individual orientation sessions)*
- Single Mothers program is a 19-week group program offering all mothers (the majority are single parents) personal and professional development workshops on self-awareness, job search skills and preparation for employment. Support is provided by mentors and peer helpers. This program qualifies as a "Turning Point" program, created by the YWCA Canada for member associations that respond to the needs of women during critical times in their lives when they face important social and economic challenges. *(48 participants, 33 mentors and 22 peer-helpers)*
- Fringues & Cie. is the first and only program of its kind in Quebec. The principal objective is to help women in difficulty return to the workplace by offering professional training in retail sales that includes real workplace experience. The participants learn about the market place and retail sales techniques, and also benefit from a unique workplace where they can put theory into practice: Fringues & Cie, a new and used clothing boutique. This program is offered in collaboration with Emploi-Québec. *(22 participants)*
- Jump Start - Paid Internships, was developed to assist young women, between the ages of 16 and 30, enter the work force by gaining relevant experience through a workplace internship in their chosen field. The participants benefit from individual and group meetings to target internship possibilities. The project is financed in part by the Government of Canada through the Office of Youth Employment. *(21 participants)*



“I like the people. There have been lots of changes, in the building, and how things were done. No more! It’s all finished...better now.”

May-Ling Wong,

responsible for photocopies, supplies and mail, began working at the Y in 1975, after graduating from Marymount High School in Montreal. May-Ling’s dedication and hard work make her an invaluable asset. To quote Bert Bergman: “For the last 10 years May-Ling has been providing me with her stationery and postage report. I’ve never seen a mistake. If there was one, it always turned out to be mine!”

Anchored in our mission

THE HEALTH AND FITNESS CENTRE has served the community of women since 1902, and is supported by team who is always on the lookout for new and innovative programs to offer its members. This year, a pilot project “Women and Wellness 50 plus” brought 75 women together to participate in physical and social activities. Our approach is centred on programs and services “for women, by women” resulting in a wide range of activities for women of all ages, body types and fitness levels. Sensitive to the needs of our community, the Centre offers its facilities free of charge to certain groups with disabilities, women referred by shelters and hospitals, and some participants of the Y’s programs and services. (848 memberships, 1,100 members).

THE HOTEL AND THE AUBERGE offer hospitality to both women and men, in the heart of downtown Montreal. Visitors can expect comfortable, safe and affordable accommodations as well as access to a shared kitchen, laundry facilities and the Health and Fitness Centre. (13,066 nights)

THE CENTRE DE LA PETITE ENFANCE (CPE) DE MON CŒUR has found a home at the Women’s Y since 1971. Run by child care educators with the well-being of children at heart, today they welcome 133 children aged 6 months to 5 years, who have the use of an outdoor play area and an indoor gymnasium. This CPE is following a tradition begun in 1893, when the Women’s Y opened the first free nursery. (133 children)

Social Results

SERVICES	PARTICIPANTS
Social and Community Services and Employment Services	
Volunteer Centre	456 volunteers, 13,064 hours
Referral Centre	1,000 requests
Legal Information Clinic	3,000 calls, 1 668 appointments, 1,200 clients
Income Tax Clinic	82 appointments
ABC en famille	24 families visited at home an average of 13 times each; 77 families participated in 23 group workshops
Words for Women	43 students, 57 volunteers
Pilot Project - D'éveil à l'écrit	34 children and 6 workshops
Residence & Social Reintegration Program for Women in Difficulty	62 participants, 2,070 telephone consultations, 2,500 consultations in person
Les Jardins du Y	21 renters
Leadership in Action	111 participants
At the Top of Our Voices	15 participants
Summer Space	26 participants
Girls Speak Out	39 participants
Dishes From Near and Far	58 participants
Movement and Change	180 participants
Artisane de sa réussite	42 participants
Making our Communities Safer for Girls and Young Women	66 young girls and 13 adults
The Sexualization of Young Girls	371 persons consulted
Jump Start - Paid Internships	21 participants
Single Mothers program	48 participants, 33 mentors, 22 peer helpers
Fringues & Cie	22 participants
OSE	
· Information Sessions	408 participants
· Group Job Search Strategy Sessions	124 participants
· Individual Orientation Sessions	109 participants
Activities Anchored in our Mission	
Health and Fitness Centre	848 memberships, 1,100 members
Hotel and Auberge	13,066 hotel nights
Outreach and Partnerships	
<ul style="list-style-type: none"> - Partnered with 3 community organizations for Maison Brin d'Elles, which houses 22 tenants. - Meeting space and technical support to Action femmes handicapées Montréal. - Support for various projects with women who are new immigrants or refugees, in collaboration with the CLSC Côte-des-Neiges, le Refuge Juan Moreno, Centraide and others. - Occasional support to OXFAM Québec and to YWCA Canada concerning international development. - Technical aide to various support and self-help groups (Quebec Association for assistance to persons suffering from Anorexia Nervosa and Bulimia, Ovarian Cancer support group, etc.) - Assistance and support for a film and discussion awareness activity about the women from Maison Tanguay. - Women referred to other organizations for specialized support. 	

Financial Statements

Montreal Young Women's Christian Association (Women's Y)

Revenues and Expenses year ended March 31, 2006

	2006	2005
	\$	\$
Revenues		
Health Centre and other	307,644	317,730
Lodging	918,193	743,448
Rental of facilities	509,998	494,778
Sale of supplies	46,722	47,074
Donations from YWCA Foundation of Montréal	190,000	190,000
Contributions from YWCA Foundation of Montréal allocated for specific purposes	31,836	64,881
Other revenues	163,973	19,795
	<u>2,168,366</u>	<u>1,877,706</u>
Subsidies		
Centraide	385,735	385,735
Government of Québec (Note 4)	1,443,219	1,488,504
Government of Canada (Note 4)	310,065	127,928
City of Montréal	28,676	45,788
	<u>4,336,061</u>	<u>3,925,661</u>
Expenses		
Services and programs	3,413,732	2,981,687
Buildings	208,691	195,128
Communications and awareness programs	162,197	107,801
Administrative expenses	370,951	352,275
	<u>4,155,571</u>	<u>3,636,891</u>
Excess of revenues over expenses before interest on bank loans, amortization and discontinued operations	<u>180,490</u>	<u>288,770</u>
Interest on bank loans (net of interest income from a Québec government subsidy of \$248,361; \$183,680 in 2005)	(96,320)	(66,420)
Amortization of deferred contributions for capital assets	367,370	341,388
Amortization of capital assets	(490,354)	(468,955)
	<u>(219,304)</u>	<u>(193,987)</u>
Excess (deficiency) of revenues over expenses before discontinued operations	<u>(38,814)</u>	<u>94,783</u>

	2006	2005
	\$	\$
Discontinued operations		
Unusual gain on the disposal of capital assets of discontinued operations in 2006 (operation loss for discontinued operations in 2005) (Note 5: On June 14, 2005, the Association disposed of the Camp Oolahawan property. During the year, the Association realized a gain on disposal of property held for sale of \$747,330 and sustained an operating loss of \$92,028 in 2005. These funds were allocated to the redeployment project to improve infrastructures.)	747,330	(92,028)
Excess of revenues over expenses	<u>708,516</u>	<u>2,755</u>

The accompanying notes are an integral part of the financial statements.

Montreal Young Women's Christian Association (Women's Y)
Balance Sheet year ended March 31, 2006

	2006	2005
	\$	\$
Assets		
Current assets		
Cash	389,522	294,029
Accounts receivable (Note 7)	236,939	259,222
Subsidies receivable	200,305	433,349
Prepaid Expenses	36,423	27,829
	<u>863,189</u>	1,014,429
Subsidies receivable (Note 8)	2,051,989	2,060,616
Capital assets held for sale		636,743
Capital assets (Note 9)	13,662,566	10,606,492
	<u>16,577,744</u>	<u>14,318,280</u>
Liabilities		
Current liabilities		
Bank loans (Note 10)	799,710	984,000
Demand loan (Note 11)	1,379,203	1,446,713
Accounts payable and accrued liabilities	516,315	669,414
Deferred revenue	122,952	244,937
Instalments on long-term debt	200,305	151,687
	<u>3,018,485</u>	3,496,751
Deferred contributions for capital assets (Note 12)	9,426,980	7,697,461
Long-term debt (Note 13)	2,051,989	1,752,294
	<u>14,497,454</u>	<u>12,946,506</u>
Net Assets		
Invested in capital assets	4,235,586	2,950,071
Externally restricted (Note 14)	28,146	28,785
Negative	(2,183,442)	(1,607,082)
	<u>2,080,290</u>	<u>1,371,774</u>
	<u>16,577,744</u>	<u>14,318,280</u>

The accompanying notes are an integral part of the financial statements.

Board of Directors Women's Y

Mary-Ann Bell, President
Senior Vice President
Bell Canada

Sylvie Mercier, Vice President
Consultant

Jocelyne Boivin, Vice President
Business Development Consultant

Marie Desroches, Treasurer
Vice-president Operations
Desjardins Securities

Me Mathilde Carrière, Secretary
Partner, Business Law
Fraser Milner Casgrain

Carol Desrochers, MBA, Member
Senior Administrator
Habitations Viagère Inc.

Carole Graveline, Member
National Journalist,
program: L'Heure des Comptes
Radio-Canada

Fabienne Grou, MD, Member
General Practitioner
Assistant to the Executive Vice Dean
The Sacré-Coeur Hospital

Anna Mainella, Member
Architect, De Grandpré Mainella

Miriam Pozza, CA, CBV, Member
Partner, Transaction Services
PricewaterhouseCoopers LLP

Madeleine Roy, Member
Vice President
Consulting Services
CGI Group inc.

Brigitte Simard, Member
Managing Consultant
Business Consulting Services
IBM Canada

Claudine Desjardins, Member-Intern

Board Committees Women's Y

Finance Committee: Marie Desroches, Mary-Ann Bell, Rachel Auger, Carol Desrochers, Chantal Laberge, Miriam Pozza, Marie-Josée Neveu, Bert Bergman, Claudette Demers Godley.

Governance and Nominations Committee: Mathilde Carrière, Mary-Ann Bell, Madeleine Roy.

Communications Committee: Carole Graveline, Mary-Ann Bell, Claudette Demers Godley.

Government Relations Committee: Sylvie Mercier, Mary-Ann Bell, Claudette Demers Godley.

Entrepreneurship Committee: Sylvie Mercier, Mary-Ann Bell, Danielle Blanchard, Danielle Desbiens, Vivian Hudson, Estelle Métayer, Gaston Trépanier, Michèle Fiset, Claudette Demers Godley.

Human Resources and Customer Service Committee: Madeleine Roy, Mary-Ann Bell, Geneviève Bich, Jocelyne Boivin, Claude Gaudreault, Claudette Demers Godley.

Construction Committee - Les Jardins du Y : Anna Mainella, Mary-Ann Bell, André Bastien, Julie Bourbeau, Anne Cormier, Carmen Davault, Harold Fraser, Johanne Groulx, Claude Labelle, Shawn Letourneau, Diana Pizzuti, Claudette Demers Godley.

Health Centre Committee: Brigitte Simard, Mary-Ann Bell, Vincent Allard, Josée Boutin, Lyssa Dormeus, Chantal Ducasse, Sylvain Dufour, Sylvie Gagnon, Carolyn Hudson, Nancy Gilbert, Debbie Loiseau, Claudette Demers Godley.

Hotel Committee: Jocelyne Boivin, Mary-Ann Bell, Marie Côté, Carol Desrochers, Catherine Gaik, Linda D'Angelo, Claudette Demers Godley.

Management

Claudette Demers Godley,
Executive Director
Director of Social and
Community Services

Bert Bergman,
Director, Finance and
Administrative Services

Linda D'Angelo,
Director, Hotel

Niquette Delage,
Director, Women's Y Foundation

Michèle Fiset,
Director,
Women's Entrepreneurship Services

Nancy Gilbert,
Director of Development

Raymonde Lévesque,
Director, Orientation and
Employment Services

Debbie Loiseau,
Director-Manager, Health and
Fitness Centre



Angela Scattaglia

Director, CPE,
started at the Y in 1972, working in the
babysitting program, that became a
nursery program and then the daycare.
As women began entering the work-
force in larger numbers, in the early
1970s, demand for quality daycare grew.
Now, there are 133 children in the best
daycare program in town.

*“I was drawn to the Y as it reflected my own
personal values – love and concern for people,
a sense of mission. The Y was at the forefront
in terms of always helping women. And for me
the best way to help women was to ensure their
children were safe and happy. Why have I
stayed here so long? I am a Y person.”*

Women's Y Foundation

Word from the President

The Women's Y Foundation is now ten years old. Its principal activities are the Women of Distinction Gala and the Annual Campaign, fundraising events that make important contributions to the Women's Y activities and services which benefit tens of thousands of women each year.

The Foundation is in a period of transition, and I would like to thank the new team who have enthusiastically embraced our cause and are holding the torch high. They are: Ms. Niquette Delage, Director; Ms. Marie-Christine Hoffner, Administrative Assistant and other associates.

My sincere thanks go to the Foundation's directors who have supported the efforts of the Executive Committee to carry out the Foundation's activities and reach our desired goals.

There is, of course, close collaboration between the Foundation's board and that of the Women's Y. The women and men who serve on these boards are committed and highly motivated. I thank them for taking the lead to ensure that the Women's Y, that venerable lady now 130 years old, maintains her good health and privileged place in our community. If the primary beneficiaries of the Y's effective action are the women who participate in its programs and use its facilities, then it is also true that all those who surround them benefit as well. This organization's scope of influence has been carefully planned. It's no wonder that so many volunteers choose to give their time and talent to this worthy cause.

This year, the Board of Directors of the Women's Y Foundation has welcomed two new members, Ms. Kostia Pantazis and Mr. Pierre Brochu. Leaving us, are Ms. Paule Doré, Ms. Josie Baylis and Mr. Jacques Parisien and we thank them for their invaluable contributions. Finally, we would like to gratefully acknowledge the efforts of Ms. Marie Pinsonneault-Jones, who resigned in April as executive director of the Women's Y.



Christine Marchildon
President of the Women's Y Foundation

Word from Niquette Delage, Director of the Women's Y Foundation



The Women's Y Foundation has accomplished much since it was founded in 1996 by some remarkable women. Thanks to their hard work the Foundation now plays an important role supporting the Women's Y. The new team, in place since the beginning of the year, is meeting its daily challenges. There is much to do and many people are counting on us to succeed. We endeavour to meet their needs with programs and services that would not exist and could not be sustained without the financial support of corporations, foundations and individuals. These donors are solicited by the Foundation which strives to meet the objectives set by its board of directors.

The Foundation also advises the volunteers who make up its board of directors. It is they who will make recommendations regarding the Foundation's future orientations. They will develop plans for study, deliberation and discussion, and then take decisions for forthcoming action to benefit the Y and the community it serves.

Activities Report

The 2005-2006 Annual Campaign

We would like to thank our generous donors who, throughout the year, have supported our efforts to contribute to the well-being of the Women's Y and its many programs and services. The total funds raised this past year amounted to \$60,470. The Foundation has gone through some major changes which have had an impact on these results but the situation has stabilized and we are working to increase our fund raising activities for the coming year.

We wish to acknowledge the generosity of the Hogg Foundation, which supports our foundation in a sustained fashion, and in so doing the Women's Y as well. We are extremely grateful to them for their ongoing support

The 2006 Women of Distinction Gala

The 13th Edition of the Women of Distinction Gala was held on May 16, 2006 and was a resounding success. Ms. Nermin E. H. Vermette chaired the Organizing Committee of this incredible event and was supported in turn by many volunteers working in numerous subcommittees. These subcommittees were responsible for nominating candidates, choosing the finalists and laureates, ticket sales and sponsors.

The Women's Y Foundation also was supported by many corporations; prestigious partners whose names are associated with various programs at the Women's Y.

Pfizer sponsored the Pioneer Award, and was our lead partner at the 2006 Women of Distinction Gala. Ernst and Young, associated with the Residence program – a social reintegration program for women in difficulty, sponsored the Advancement of Women award. Desjardins, associated with O.S.E. (Orientation and Services for Employment) sponsored the Business and Professions category. Loto Québec, associated with Words for Women- a literacy program, sponsored the Arts and Culture category. Bell Canada, associated with At the Top of our Voices, sponsored the Communications category. The National Bank, associated

with ABC en famille - a literacy project, sponsored the Education category. RBC Royal Bank, associated with the Entrepreneurship Centre, sponsored the Entrepreneurship category. Jacob, associated with Leadership in Action, sponsored the Young Woman of Distinction category. Sun Life Financial, associated with Dishes from Near and Far, sponsored the Science and Health category. Hydro Québec, associated with the Health and Fitness Centre, sponsored the Sports and Well-being category.

Other sponsors joined this impressive list :

The Development Bank of Canada, Angus Dei Créateur, Le Piment rouge, Productions Klone Inc., Pitney Bowes, Air Canada, Hilton Montréal Bonaventure, Dermtek Pharmaceutiques Ltée, Clos Saint-Denis, Maison Maxxium, Foster's Group, Vincor International Inc., LCC vins et spiritueux, Lise Watier Cosmétiques Inc., Dazco and AG, MSiamo de la designer Marisa Minicucci, Les Productions du 21e siècle, le ministère de la famille, des Aînés et de la Condition féminine, Les Affaires, The Gazette, Le Devoir, La Presse, Studio Zoo Image, Transport & Accord, On Q Productions, Agence Box, Eau minérale pétillante Saint-Justin.

The Women of Distinction Gala received many donations from the friends of the Women's Y Foundation. Year after year, their generosity is a testament to their support of the Women's Y. We have not forgotten the many volunteers whose hard work contributed to the Gala's success and who deserve the grateful acknowledgement of the Women's Y Foundation and the Women's Y. Without their help, there would be no Gala.

Naming and Recognition Committee

Chaired by Louise Dostie, the Naming and Recognition Committee is working on a program that will recognize the financial support of the principal donors to the Major Campaign which renovate the Women's Y building. This program will be introduced in fall 2006.

Strategic Planning Committee

Ms. Edmée Métivier chairs the Strategic Planning Committee, which has prepared and presented its fundraising plan for the 2006-2009 period. This report will be the subject of an action plan at the upcoming board meeting of the Women's Y Foundation. A review of the governance on the election of members to the Foundation's board of directors has been taken up by the executive and nominating committee.

The Paul A. Fournier Foundation

The Paul A. Fournier Foundation has made a significant contribution to the reworking of the Hotel Y's website, which will give it an increased visibility. The Women's Y Foundation would like to thank the Paul A. Fournier Foundation for its generosity.

Conclusion

The Women's Y Foundation has turned a new page with a new team on board! Things are moving forward and the ensuing results demonstrate that the organization is in good health and pursuing the right path in support of and in partnership with the Women's Y. We gratefully acknowledge the work of the Foundation's board of directors whose support and commitment were unwavering. We salute the Women's Y team as well. Their impressive achievements merit the admiration and commitment of the volunteers.

Board of Directors, Women's Y Foundation

Ms. Christine Marchidon, President
Senior Vice President, Quebec Region
TD Canada Trust

Ms. Paule Doré, Outgoing President
Executive Vice President and Chief
Corporate Officer CGI Group

Ms. Louise Patry, Vice President
Partner, Davies Ward Phillips &
Vineberg s.r.l.

Ms. Edmée Métivier, Vice President
Executive Vice President, Integrated
Risk and Technology Management

Ms. Carol-Ann Tetrault Sirsly, Treasurer
Chartered Accountant,
Ph. D. candidate in Administration
John Molson School of Business,
Concordia University

Mme Louise Dostie, Secretary
Director of Communications,
Société des casinos du Québec

Ms. Josie Baylis, Member

Ms. Mary-Ann Bell, Member
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Contact Centre,
Consumer Market,
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Ms. Marie Desroches, Member
Vice President, Operations
Desjardins Securities

Ms. Kostia Pantazis, Member
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Insurance Brokers

Ms. Anière Lecoq, Member
Consultant, Development &
Marketing President & Executive
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Foundation

Mr. Jacques Parisien, Member
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Mr. Claude Michaud, Member
Managing Director
TD Securities

Mr. Pierre Brochu, Member
Senior Vice President
Finance and Administration/
Payroll and Human Resources
Services
CGI Group Inc.

*Financial Statements YWCA Foundation of Montreal***Revenues and Expenses year ended March 31, 2006**

	2006	2005
Revenues	\$	\$
Deferred contributions - major fund-raising campaign (Note 8)	474,750	222,625
Women of Distinction - net amount (Note 4)	206,958	201,187
Contributions from corporations and individuals - annual fund-raising campaign	28,801	72,595
Restricted contributions (Note 5)	31,836	64,881
Investment income	48,897	40,252
Gain on disposal of investments	48,565	37,911
	<u>839,807</u>	<u>639,451</u>
Expenses		
Expenses of the major fund-raising campaign	27,595	52,625
Operating expenses	152,235	134,125
Portfolio management fees	10,136	9,536
	<u>189,966</u>	<u>196,286</u>
Excess of revenues over expenses before donations to Women's Y	<u>649,841</u>	<u>443,165</u>
Donations to Women's Y (Note 5)		
Major fundraising campaign	(397,155)	(120,000)
Restricted	(31,836)	(64,881)
Programs of the Women's Y	(190,000)	(190,000)
	<u>(618,991)</u>	<u>(374,881)</u>
Excess of revenues over expenses	<u>30,850</u>	<u>68,284</u>

Balance Sheet year ended March 31, 2006

	2006	2005
Assets	\$	\$
Current assets		
Cash		174,926
Cash broker account	23,424	24,852
Term deposits, 2.75% payable in February 2007	400,000	100,000
Accrued interest receivable	8,525	6,138
Commodity taxes receivable	5,405	10,658
Prepaid expenses - Women of Distinction	24,531	10,371
	<u>461,885</u>	<u>326,945</u>
Investments, at cost (Note 7)	1,001,058	917,729
	<u>1 462 943</u>	<u>1 244 674</u>
Liabilities		
Current liabilities		
Bank overdraft	30,616	
Accounts payable and accrued liabilities	4,008	4,080
Accounts payable to the Women's Y	17,209	18,258
Deferred revenue - Women of Distinction	142,500	137,200
	<u>194,333</u>	<u>159,538</u>
Deferred contributions - major fund-raising campaign (Note 8)	343,212	190,588
	<u>537,545</u>	<u>350,126</u>
Net Assets		
Endowments received (Note 9)	215,431	215,431
Internally restricted (Note 10)	809,051	727,149
Negative	(99,084)	(48,032)
	<u>925,398</u>	<u>894,548</u>
	<u>1,462,943</u>	<u>1,244,674</u>