

Summer Space Camp: music, sports, technology and self-confidence!

The Women's Y Foundation receives \$10,000 from the TELUS Community Board

Montreal, November xx, 2009 – The Women's Y Foundation is proud to announce that they have received a donation of \$10,000 from the TELUS Community Board for the YWCA Montreal Summer Space Camp. This Youth Leadership program encourages and supports girls as they build their self confidence.

Summer Space is a summer program for girls aged 10 to 15 years, designed to give them a unique opportunity to develop their leadership capacities, their social conscience and their self confidence. The camp offers artistic, dance and sports activities, as well as production workshops to create short films, documentaries and electronic music. The girls also attend information sessions and discussion groups which allow them to form an opinion and believe in their talents and abilities.

This summer camp is part of the YWCA Montreal Youth Leadership programs which encourage the development of self esteem, critical thinking and leadership skills. In addition, they aim to prevent of all forms of violence that affect the lives of girls. Each year facilitators reach some 200 girls in schools, community centres and at the YWCA Montreal as part of leisure or sports activities that include reflection and discussion. The YWCA also offers training to educational and community workers.

For more than 130 years, the YWCA Montreal has supported women of all ages and backgrounds in their personal, professional and economic development. Each year, the YWCA offers a wide array of programs and services to 16,000 girls and women which include literacy programs, affordable housing, a residence for women in difficulty, leadership programs as well as employability and entrepreneurship services. The YWCA Montreal is part of the World YWCA Movement, active in 122 countries, reaching 25 million women and girls throughout the world.

Since their inception in 2005, TELUS Community Boards in Quebec have allocated more than 5 million dollars to finance projects which benefit young people and/or showcase the innovative use of technology. They are composed of regional community leaders and TELUS team members. Committee members evaluate funding requests according to project priorities in the domains of health and well-being in our environment, education, arts and culture. Registered charitable organizations who wish to submit a funding request for a project to a TELUS Community Board are invited to do so at the following web address: www.telus.com/community.

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Participants of Summer Space camp were involved in the creation of a video presentation. Thanks to a \$10,000 donation from TELUS, 60 girls will be able to attend this specialized camp which encourages the development of self esteem, critical thinking and leadership skills.