

Which **COSMETICS** respect **WOMEN'S HEALTH** and the **ENVIRONMENT**? Which **FEMININE HYGIENE PRODUCTS** are both **GREEN** and **SAFE**? **WHERE** can you find **LOCAL** and **ORGANIC** products? **SUSTAINABLE DEVELOPMENT** in Montreal: What's new?

International Women's Day

Open House at the YWCA Montreal

Friday March 13, 2009

from 10 am to 4 pm

- **Presentations**

"L'environnement se décide aussi au féminin :

*Quand les substances toxiques nous empoisonnent au quotidien" (RQFE)**

*"Pour une mode en santé" (RQASF)**

"L'envers de la beauté :

*La campagne en faveur des cosmétiques sécuritaires" (BCAM)**

- **Information booths**

Green and Safe Cosmetics and Feminine Hygiene Products, Organic and Local Food, Eco-responsibility and Sustainable Development...

Confirmation is required before March 9th at:

514.866.9941 ext. 255 or jsauve@ydesfemmesmtl.org

Bring your lunch or purchase a brown bag lunch on site (\$10)

More info is available on our website:

www.ydesfemmesmtl.org

YWCA Montreal, 1355 René-Lévesque West

(Lucien-L'Allier or Guy-Concordia Metro Station)

* Réseau québécois des femmes en environnement (RQFE), Réseau québécois d'action pour la santé des femmes (RQASF), Breast Cancer Action Montreal (BCAM)



...these and other issues unite the themes of **WOMEN, HEALTH** and the **ENVIRONMENT!**

PROGRAM
FRIDAY MARCH 13, 2009
at the YWCA MONTREAL



International Women's Day

...the YWCA Montreal is having an OPEN HOUSE from 10 am to 4 pm!

Presentations and Activities on WOMEN, HEALTH and the ENVIRONMENT!

- 10:30 am Guided Tour: "Discovering the YWCA Montreal!"
- 11 am Presentation: RÉSEAU QUÉBÉCOIS DES FEMMES EN ENVIRONNEMENT (RQFE)**
"L'environnement se décide aussi au féminin : Quand les substances toxiques nous empoisonnent au quotidien"
- 12 pm Lunch + Information Booths + Door Prizes + Surprises!
- 1 pm Presentation: RÉSEAU QUÉBÉCOIS D'ACTION POUR LA SANTÉ DES FEMMES (RQASF)**
"Pour une mode en santé"
- 2 pm Information Booths + Door Prizes!
- 2:30 pm Presentation: BREAST CANCER ACTION MONTREAL (ACSM)**
"L'envers de la beauté : La campagne en faveur des cosmétiques sécuritaires"
- 3:30 pm Guided Tour: "Discovering the YWCA Montreal!"

Information Booths

"Safe Cosmetics: Find out More!"

Kiosks on the manufacturing process of "green" cosmetics, which are both environmentally friendly and safe for women's health.

"Green Choices for Women's Bodies"

Kiosks on alternative feminine hygiene products that can replace tampons and napkins - expensive and highly polluting products that can have a detrimental impact on women's health.

"Food Choices: Local and Organic Options for Healthier Living"

Kiosks on healthy and ethical choices for food and other consumer products, where to get local and organic supplies and how much they cost.

"Local Initiatives in Sustainability: Taking Action!"

Various organizations and businesses will have kiosks with information on different ways to practise eco-responsibility and sustainable development.

Presentations will be held between 11 am and 3:30 pm in Studio 4.
Information booths will be open from 11:30 am to 2:30 pm in Holden Fisher Hall.

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