



## **POSITION: ACCOMPANIMENT, MEAL SERVICE**

The YWCA Montreal is looking for volunteers to assist the Housing Services team to support and help women in confinement due to a positive result for COVID-19. The assistance may include heating and delivering meals to their rooms, accompanying women outside the building during their pause, or simply preparing grocery lists, shopping for groceries, etc.

### **Key tasks and responsibilities**

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In collaboration with the team of social workers:

- Accompany the women outside the building during their daily pause by following the authorized route. Accompany them back to their rooms.
- Respect the time assigned for each pause.
- Disinfect surfaces as needed (elevator buttons, door handles and others).
- Ensure compliance with protective measures (wearing a mask, disinfection of hands before and after, etc.) and distancing measures with other visitors in the building and in the path of exits / entrances.
- Participate in setting up for meals. Defrost, distribution in the floors. Maintain the cleanliness of the kitchen.
- Other relevant tasks.

### **Position requirements**

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- **Knowledge:**
  - Good command of either French or English and beginner proficiency in the other language. A third spoken language an asset.
  - Preferably be a student or have work or volunteer experience assisting people in health care establishments, home help, personal assistance in private homes or as a personal care attendant, orderly, nurse aide, nursing attendant, etc.
- **Practical Skills:** Support, assistance.
- **People Skills:** Empathy, patience, communication skills, positive attitude, sensitivity to cultural diversity, discretion, flexibility.

### **Volunteer conditions**

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- Age: 18 - 60 years old
- Not have chronic health problems
- Volunteering on site at the YWCA
- Participate in the training
- Not have a criminal record. The YWCA will conduct a background check.

### **Type of position and schedule**

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- Women only
- Bank of volunteers. On call volunteer position
- Schedule according to volunteer's availabilities
- From Monday to Friday: morning, afternoon, night.